

PHYSICAL RESTRAINTS Clinical Guidelines

Guideline		Source	Address	Cost
<p>Restraints 1996 and updated 1997. 83 pages. As of July 2002 a revision is in progress.</p>	<p>This physical and chemical restraint protocol includes an initial section with definitions, information on patient risk factors for restraint use, assessment for restraint use with a decision tree, protocols, interventions, and outcomes of restraint use. This protocol features appendices containing assessment and documentation tools, a restraint knowledge test, outcome monitoring forms, process evaluation monitoring forms, and a model consent form. A section is dedicated to reducing restraints; among the topics covered are strategies for the care of persons at risk of falling, persons with agitated/restless behavior and persons who wander. Includes a laminated "Restraint Use Algorithm". The final section is a "Quick Reference Guide."</p>	<p>University of Iowa Gerontological Nursing Intervention Research Center.</p>	<p>University of Iowa, College of Nursing Research Dissemination Core 4118 Westlawn Iowa City, IA 52242 Ph: (319) 384-4429 http://www.nursing.uiowa.edu/gnirc</p>	<p>\$9.00. These materials are copyrighted and permission must be obtained to duplicate. (A permission form accompanies the protocols)</p>
<p>Guidelines for Restraint Use. Last updated January 1, 1997. 3 pages.</p>	<p>A succinct guideline containing an introduction, background information emphasizing regulations, and guidelines for restraint use. Includes references.</p>	<p>American Geriatrics Society</p>	<p>American Geriatrics Society The Empire State Building 350 Fifth Avenue, Suite 801 New York, NY 10118 Ph: (212) 308-1414 http://www.americangeriatrics.org/products/positionpapers/restrain.shtml</p>	<p>Available online</p>

Guideline	Overview	Source	Address	Cost
Untie the Elderly, The Kendal Corporation: Steps to Restraint Reduction. December 1996; rev. 3/99.	Among the topics covered are letters to staff and residents/families/physicians with suggestions for content, and advice for selecting Restraint Reduction Committee members. Tasks of the Restraint Reduction Committee and the Committee process are outlined.	The Kendal Corporation	The Kendal Corporation PO Box 100 Kennett Square, PA 19348-0100 Ph: (610) 388-5580 http://www.ute.kendal.org/index6.htm	Available online