Restraints: Organizational Commitment to Elimination

Key Steps	Key Elements
Establish Organizational Commitment	**Facility-wide commitment to develop and maintain a restraint-free environment** • Implementation of a "no-restraint" policy • Education of staff, residents, and family members • Assessment and treatment of underlying conditions • Implementation of less restrictive alternatives • Environmental modifications • Celebration of restraint reduction/elimination success stories • Identify key staff members to form an interdisciplinary team
Apply Current Clinical Practice Standards	**Analyze current clinical practice standards** • Screening, assessment processes • Use of alternatives to restraints • Documentation systems • Interventions matched to the assessment and treatment of underlying clinical conditions • Involvement of appropriate health professionals to manage all health components • Articulate and implement acceptable standards of practice
Appropriation of Resources	**Provide appropriate resources** • Adequate staffing • Education/training • Communication • Tools • Equipment, environmental enhancements • Documentation
Outcomes	**Review and revise** • Polices, procedures, and processes as needed • Celebrate restraint elimination successes • Measure outcomes

Document available at www.primaris.org

MO-06-09-NHR April 2006 This material was prepared by Primaris, the Medicare Quality Improvement Organization for Missouri, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy.

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